

Direct Observation of the Crystallization Process of Cocoa Butter Using a Transmission Electron Microscope (TEM)

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1. Introduction

< Chocolate >

Cocoa butter determines the physical properties of chocolate, such as snap and mouthfeel.

Triacylglycerol ⇒ POP, POS, and SOS account for about 80%.

< Cocoa Butter (CB) >

Form I 17°C, Form II 23°C, Form III 25°C, Form IV 27°C, **Form V 33°C** (Best!), Form VI 36°C

⇒ It is important to control the polymorph to **Form V** of CB.

< Tempering and The addition of seed crystals >

○ The addition of seed crystals ⇒ **Faster and lower energy consumption** than tempering.

< Objectives of this Study >

To clarify the crystallization process of CB by adding seed crystals by means of TEM and synchrotron radiation X-ray diffraction (SR-XRD) measurements.

2. Method

< Sample >

- Cocoa butter
- Seed crystals

① Crystallization accelerator 1wt% (**Form VI**)
 ② Chocolate particles 2wt% (**Form V**)

< Temperature conditions >

55°C, 10min → About 2°C/min → 28°C → 20°C, ~3h

➔ Shear

➔ Add two different types of seed crystals.

< TEM >

Using a **solution cell**, the polymorphic transition of CB was observed after adding seed crystals at 20 °C for 2 to 3 hours.

Kimura Laboratory: ILTS, Hokkaido Univ.

< SR-XRD >

- Observation of the crystallization process from seed crystals at 20 °C for one hour.

High Energy Accelerator Research Organization (KEK) Photon Factory BL-6A Wavelength : 1.50Å

Cocoa butter + Seed crystals

Polyimide film, Aluminum cell

~930 mm

- **Analysis of Surface Roughness**

Camera distance : Just under 1 meter . . . A somewhat short distance for SAXS measurements.

3. Results and discussions

< SR-XRD (WAXS) >

• Result Form V seed crystals

0.458nm (V), 0.397nm (V), 0.385nm (V), 0.373nm (V), 0.365nm (V), 0.416nm (II)

※ Adding form VI seed crystals yielded the same results.

• Discussion

$\Delta G^* = \frac{16\pi\gamma^3}{3\Delta G_v^2}$

The influence of γ is dominant. Interfacial : Form II < Form V

γ : Interfacial energy between crystals and melt (J/m²)
 ΔG_v : Free energy difference between melt and crystal (J/m³)

Free energy ΔG

Form II < Form V
 Critical nuclear radius r

Form II → III → IV → V

The Ostwald's step rule is limited!

• Discussion Growth Mechanism of CB using **Form V** seed crystals

2.5 h later Outside 0.411nm(II) Inside 0.432nm(IV)

Form II, Form IV, Form V

0.424nm, 0.415nm, 0.435nm, 0.385nm

Lattice mismatch ① -0.027, ② 0.094, ③ 0.16

Form IV was grown on Form II with aligned directions

< TEM >

• Result ① Form VI seed crystals

Electron diffraction pattern after adding form VI crystallization accelerator (1 wt%)

30 min later 0.424nm(II), 30 min later 0.428nm(III), 2.5 h later Outside 0.436nm(IV) Inside 0.475nm(V)

Form II was transformed to Form V via Form III and IV ⇒ Establishment of Ostwald's step rule

• Result ② Form V seed crystals

Electron diffraction pattern after adding form V chocolate particles (2 wt%)

30 min later 0.416nm(II), 1 h later Outside 0.415nm(II) Inside 0.440nm(IV), 2.5 h later Outside 0.411nm(II) Inside 0.432nm(IV)

Form II and Form IV spots were observed in close locations

< SR-XRD (Analysis of Surface Roughness) >

Larger slope value ⇒ **Smoother** surface roughness

○ Form II particle surface morphology immediately after adding different seed crystals

4.92nm (Form II)

After adding 2 wt% of Form V chocolate particles Slope: 2.179

After adding 1 wt% of Form VI crystallization accelerator Slope: 1.678

Form V exhibits greater slope after seed crystal addition = Surface morphology of Form II is smoother. ⇒ The surface structure of Form II varies depending on the seed crystals form, and the smoother one is more likely to become a Form IV substrate. Form II is smooth after introducing Form V seed crystals.

4. Conclusion

Polymorphic transition to stable polymorphs according to Ostwald's step rule.

Form VI seed crystals: Form III, IV, and V crystals formed without using form II as a substrate.

Form V seed crystals: Form IV crystal grew on top of Form II crystal with aligned orientations.

⇒ **Differences in seed crystals structure influenced the surface roughness of Form II, resulting in distinct growth patterns.**